

MEDIA RELEASE

Step Behind the Screen: An inside into the life-saving work of BreastScreen Victoria

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Do you want to know what *really* happens when you have a mammogram? Now you can find out after BreastScreen Victoria launched a new 6-part podcast series that tells all.

Behind the Screen offers a closer look at the life-saving program. In the series, you'll hear how early detection saves lives, how the latest technology is shaping the program, and how personalised care is making a difference.

Rita Butera, BreastScreen Victoria CEO shares why this podcast is important, "We know that health information can be confusing and intimidating for people. With this podcast we want to walk people through what we do, share client's personal stories and hopefully help women feel supported and a little less nervous when they come to our service."

Across 6 powerful episodes, this series explores why early detection of breast cancer matters and takes you inside the screening and assessment journey. Along the way, we hear compelling client stories that highlight how we connect with people from diverse background to make screening is accessible for everyone. You'll also hear from leaders, experts and community partners as they offer share valuable insights and perspectives.

Rita explains, "If our listeners are anything like me, they will be moved by the personal stories from our guests. Listening to our clients' breast cancer journeys and the strength they continue to show truly inspired me."

Whether you are thinking about your first breast screen or are a regular screener, this is your opportunity to discover what happens behind the scenes of this life-saving program. Understanding what to expect will help women feel more confident in every step of their breast screening journey. *Behind the Screen* is available from February 2026 on all podcast platforms and via breastscreen.org.au/podcast - join the conversation on [Instagram](#) and [Facebook](#).

We ask the community to like, follow, and share. People can subscribe to be notified each week when new episodes drop. And if you know someone curious about breast screening – or who might find these conversations helpful – feel free to pass it on!

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You can access the podcast here

SoundCloud: [Stream BreastScreen Victoria music | Listen to songs, albums, playlists for free on SoundCloud](#)

Apple Podcasts: https://podcasts.apple.com/us/podcast/behind-the-screen/id1871073455?itscg=30200&itsct=podcast_box&ls=1&mttnsubad=1871073455

Spotify:

<https://open.spotify.com/show/4EZHgU9DQUJ2wAsntrRi77?si=dSM4qVfpSnqBxJz9ftgHag>

Podcast webpage for more information

<https://www.breastscreen.org.au/podcast>

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About BreastScreen Victoria

BreastScreen Victoria saves lives by finding breast cancer early – when it's too small to see or feel.

75% of breast cancers occur in women over 50. That's why we offer free and quick 10-minute breast screens for women and trans and gender-diverse people aged 50 to 74, with no breast symptoms every 2 years. Women aged 40 to 49 and over 74 can also book a screen, however we recommend having a conversation with a doctor first to make sure it's the right option. All breast screens are performed by women radiographers and no doctor's referral is needed. To learn more about the program and to book an appointment visit breastscreen.org.au or call 13 20 50.