

Signs and symptoms of breast cancer

Breast cancer can develop at any time. As well as having a breast screen (mammogram) every 2 years between age 50 to 74, it is important to be breast aware.

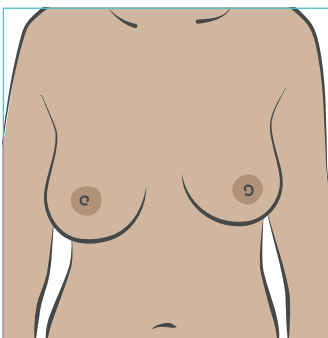
We recommend you get to know the normal look and feel of your breasts. Any symptoms or breast changes should be investigated by your doctor. They may refer you to a diagnostic imaging service.

Further tests may include:

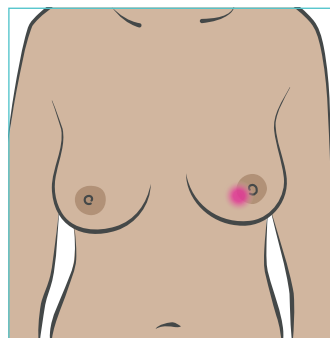
- Physical examination of your breasts
- 3D Mammogram
- Ultrasound
- Other tests that may be required

If you notice any changes to your breasts, see your doctor as soon as possible. Do not visit BreastScreen Victoria.

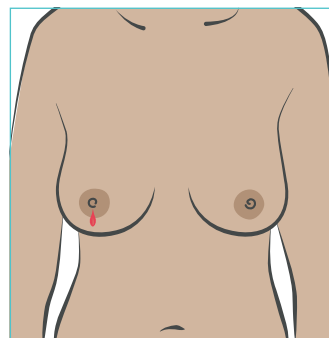
Signs and symptoms to look out for:



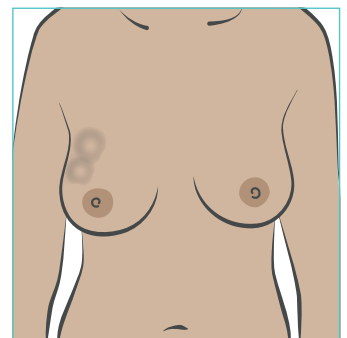
A change in the size or shape of the breasts or the skin, such as puckering, dimpling, redness or tenderness.



A change to the nipple such as crusting, redness or inversion (pulled in).



A nipple discharge (liquid) that occurs without squeezing.



A new lump or lumpiness – especially if it's only in one breast – or a change in the arm/armpit, such as lymph node swelling.

Book at
breastscreen.org.au
or call **13 20 50**

TTY **13 36 77** if you have hearing or speech difficulties



For more information or to change your details, visit **breastscreen.org.au** or call **13 20 50**



For interpreter assistance, call **13 14 50**



Translated information:
breastscreen.org.au/translations