

Put your health first

Are you due for a breast screen?



Book every 2 years at
breastscreen.org.au
or call **13 20 50**

Am I at risk?

1 in 7 women in Victoria will develop breast cancer in their lifetime.



Most people with breast cancer do not have a family history of the disease.



Ageing is the biggest risk factor for developing breast cancer.



Our program



Is free



Is with a woman radiographer



Takes about 10 minutes



Does not require a Medicare card or doctor's referral



Is available across Victoria

What is a breast screen?

A breast screen (mammogram) is a low-dose x-ray of the breast, recommended every 2 years from age 50 to 74 years old. At BreastScreen Victoria, we will typically take two x-ray images of each breast – one from the top and one from the side.

Breast screens can find cancers that are too small to feel. The sooner cancer is found, the more successful treatment is likely to be.

Be breast aware

- Get to know the normal look and feel of your breasts
- See your doctor if you notice any changes to your breasts
- Talk to your doctor about your family history and risk of breast cancer

Do I need a breast screen?

Aged under 40

Breast screening is less effective in women under 40. Please talk to your doctor for more information.

Aged between 40 and 50, or over 74

You are eligible for free breast screens. However, we recommend you talk to your doctor to find out if breast screening is right for you.

Aged 50 to 74

You should have a breast screen every 2 years.

If you are due for a breast screen, book at breastscreen.org.au or call 13 20 50

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TTY **13 36 77** if you have hearing
or speech difficulties



For more information or to
change your details, visit
breastscreen.org.au
or call **13 20 50**



For interpreter assistance, call **13 14 50**



Translated information:
breastscreen.org.au/translations